



STANDING SAILING INSTRUCTIONS

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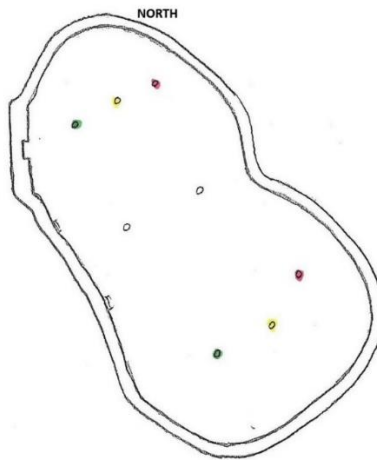
Amended January 25, 2025

1. General

All sailboat racing will be governed by these Sailing Instructions and the Racing Rules of Sailing (RRS) unless otherwise noted in these instructions or the Notice of Race. The Race Director (RD) performs the function of the race committee to assure that races are conducted in accordance with these rules but may also amend them verbally during the skippers' meeting as per RRS E1.3(d).

2. Courses

2.1. The course consists of green, yellow, and red marks at the north and south ends and two white marks in the middle of the Tingley Beach model boat pond.



2.2. At the skippers' meeting, the RD will announce touchable marks and any changes to control area.

2.3. Also, at the skippers' meeting and optionally before the starting sequence for succeeding heats, the RD will announce the location of start and finish lines, which marks to round, in what order and whether each must be rounded to port or starboard.

2.4. The course may also be displayed near the starting line as per RRS E3.3 Course Board.

3. Control Area

Unless otherwise specified by the RD, competitors are restricted to the walkway between the stairs on the west side of the pond. Competitors shall be in this area when controlling boats that are racing, except briefly to handle and then release or relaunch the boat.

4. Starting

4.1. RRS Rule 30.1 I Flag Rule (No dip start rule) shall be in effect.

4.2. As per RRS E3.4a Rule 26 is changed to: Heats shall be started using warning, preparatory and starting signals at one-minute intervals. During the minute before the starting signal, additional sound or oral signals shall be made at ten-second intervals, and during the final ten seconds at one second intervals. Each signal shall be timed from the beginning of its sound.

- 4.3. As per RRS E3.4(b) The starting and finishing lines shall be between the course sides of the starting and finishing marks.
- 4.4. The RD acts as official starter to include starting the audible countdown, observing the start line, calling the sail number of any boat starting early, and verifying correct restarts as necessary.
- 4.5. **Individual Recall.** As per RRS E3.5, the RD must have a clear view of the start line. The RD will notify the competitor of any boat which starts prematurely by calling its sail number. It is the responsibility of the offending competitor to return their boat around the end of the start line while keeping clear of all other boats.
- 4.6. **General Recall.** As per RRS E3.6, the RD may hail "General recall" if there has been an error in the starting procedure or if there are several unidentified premature starters.
- 4.7. **Prestart Penalties.** Any competitor who touches their boat during prestart must hold their boat at the location where it was first touched until after the starting bell, when it may then be pushed off. The force of such push off must not exceed the natural speed of the boat under wind conditions at the time. The RD shall be the sole judge of the extent of the push off allowed. Penalty for excessive push off shall be to retrieve and re-launch correctly. After prestart, any competitor who touches their boat for any reason (including weed or flotsam removal) shall also not provide excessive push off per these instructions when releasing the boat.

5. Heat Intervals

- 5.1. Five (5) minute interval will be provided between each heat unless all competitors acknowledge being ready early.
- 5.2. Upon request of a competitor, the RD may grant an additional five-minute delay to work on equipment but only if the boat sailed in the previous heat. Only one hold per competitor per race day will be allowed. The race director may allow a hold for "urgent personal needs" in addition to the normal one per day.

6. Shortening or Abandoning a Heat

- 6.1. After the starting signal but before the first boat crosses the finishing line, the RD may shorten the course or abandon the race in accordance to RRS 32 by verbally informing all competitors (this modifies RRS 32.1). This is an exception to RRS R3.8c.
- 6.2. The RD may abandon a heat or all remaining heats in a race in the event of lightning or other occurrences that may affect the physical safety of the participating competitors or bystanders as per RRS 32.1 and E3.8(d).
- 6.3. After the minimum number of heats have been sailed, the RD may abandon all remaining heats with the approval of two-thirds of the competitors present.
- 6.4. If all remaining heats are abandoned for the day, the race will be scored as per 8.8 Awarding points for a race.

7. Disqualification.

The RD may disqualify a competitor for a violation of RRS 2 Fair Sailing.

8. Scoring

8.1. **General.** A heat is a “race” from start line, around a prescribed course and to finish line. A race consists of at least three (3) heats which at least three (3) boats started and conducted on a single day or consecutive days.

8.2. A minimum of three boats of the same DCMYC-approved class must start the first heat for the heat to be scored. Racing will be canceled for the day if the boat minimum is not met within 30 minutes of the scheduled start time.

8.3. The scoring sheet or fleet tablet should remain at the finish line.

8.4. If an uncontested win is expected, an early finisher will act as score keeper until the RD is free of other judging duties.

8.5. The RD shall record finishes on a scoresheet or the Afleet software, and provide them to the Fleet Coordinator and Regatta Captain upon request.

8.6. The RD shall report to the Fleet Coordinator and Regatta Captain the results of a race in a form and manner acceptable to the Regatta Captain by the end of the day.

8.7. Awarding Points for a Heat

8.7.1. **Low Point System.** As per RRS A4, the first boat to finish shall be awarded one (1) point. All other boats that finish shall be awarded points equal to their finishing position, for example, 2nd place = 2 points, 6th place = 6 points, etc.

8.7.2. Boats that did not start (DNS), did not finish (DNF), retired (RET), or were disqualified (DSQ) shall be awarded points equal to the largest number of boats participating in any heat during that race plus one (1) point.

8.7.3. Any boat that is not sailed by the competitor who entered the boat in that race shall be scored as multiple boats; that is to say, the initial competitor shall score Did Not Start (DNS) for heats not sailed and subsequent competitors will receive DNS for heats they did not sail. The score sheet shall reflect a separate entry for each competitor. EXCEPTION: If a right-of-way boat is so damaged by a collision with a non-privileged boat that it cannot continue, the competitor of the right-of-way boat may substitute another otherwise legal boat not previously entered.

8.7.4. Boats not belonging to the fleet scheduled to sail that day will not be scored even if three such boats are present. Any boats not scheduled to race that day are considered not racing in terms of any applicable rules including RRS 24.1: “If reasonably possible, a boat not racing shall not interfere with a boat that is racing.”

8.7.5. To encourage a member to loan their boat and coach another person during a heat or race, the member shall declare their intention to the RD and may receive an average heat or race score in accordance with 8.8.4 Redress. If the member does not compete in any heat that day, this conforms to RRS E4.2(e) Outside Help. If the member competes in any heat that day, this is an exception to RRS E2.2 Giving Advice.

- 8.7.6. The RD shall award a one-point penalty to any finished boat failing to properly stay on the non-course side of the finish line until all boats have finished.
- 8.7.7. A competitor that starts any heat will be scored DNF for any other heat the competitor did not finish and DNS for any other heat the competitor does not start.
- 8.7.8. As per RRS E6.5, results of any heat are official and not subject to further challenge upon commencement of the next heat and ten (10) minutes after the final heat.
- 8.7.9. Ties shall be broken per RRS A8 Series Ties.

8.8. Awarding Points for a Race

- 8.8.1. Points shall not be awarded for any race consisting of less than three (3) heats.
- 8.8.2. A competitor's score will be the total heat points excluding the worst score(s) for every five (5) heats sailed. Specifically, when fewer than five (5) heats have been completed, a competitor's score will be the total points accumulated during the heats. When from six (6) to nine (9) heats have been completed, a competitor's score will be the total heat points excluding the worst one (1) of those scores. When ten (10) or more heats have been completed, a competitor's race score will be the total heat points excluding the two (2) worst scores.
- 8.8.3. The competitor with the lowest accumulated score not counting excluded scores shall be awarded one (1) point. The competitor with the second lowest accumulated score shall be awarded two (2) points and so on.
- 8.8.4. **Redress.** When a right-of-way (ROW) boat is damaged or entangled sufficiently as to be unable to compete as the result of action by a burdened vessel, non-sailing bystander, or animal, the ROW boat shall be given points equal to its average finishing position during the other heats in that race providing that at least three (3) heats are completed. Should the ROW boat be unable to compete in three (3) heats, points shall be awarded at the end of the year based upon the average points for all races in which the boat competed that year. Points shall be awarded for each heat during the race in which the ROW boat was unable to participate.
- 8.8.5. **Breaking ties.** Ties shall be broken per RRS A8 Series Ties.

9. Touching Marks

Unless an exception to RRS 31 Touching a Mark has been announced by the RD before the race, any boat which wrongfully hits a mark must exonerate itself as soon as practical by performing a penalty turn (one tack and one gybe in either order) while remaining clear of all boats and having no rights during the turn. As per RRS 21 Exoneration, any boat striking a mark because of a foul by another boat is exonerated from the penalty turn.

10. Taking a Penalty

As per RRS E4.3, a boat may take a One-Turn Penalty consisting of one (1) tack and one (1) jibe when she may have broken one or more rules of RRS Part 2 When Boats Meet, or RRS 31 Touching a Mark, in an incident while racing.

11. Boat Out of Radio Control

As per E2.3, a competitor who loses radio control of his boat shall promptly hail and repeat '(The boat's sail number) out of control' and the boat shall retire.

12. Time Limit for Heats

The time limit for the completion of any heat shall be ten (10) minutes after the first boat finishes that race. Any boat not finished within the time limit shall score DNF (did not finish); however, when it is possible to predict finishing positions of unfinished boats, the RD may give those boats credit for their predicted finishing positions upon agreement of the affected competitors.

13. Protests, Redress, Hearings, Misconduct and Appeals

13.1. As per RRS E2.1 Hailing Requirements, a hail shall be made so that the competitors to whom the hail is directed might reasonably be expected to hear it. The individual digits of a boat's sail number shall be hailed; for example 'one five', not 'fifteen'.

13.2. As per RRS E6.3 Informing the Protestee, a competitor intending to protest shall inform the other competitor at the first reasonable opportunity. As per RRS E6.4 Informing the Race Committee, if the protested competitor does not perform the penalty turn, the protesting competitor shall immediately after finishing of the heat notify the RD of the protest, the identity of the offending boat, and the general nature of the protested incident.

13.3. All protests will be heard by the RD as soon as practicable after the heat in which the protest occurred. Written protests will not be required.

13.4. In exception to RRS E2.2 Giving Advice, a competitor may hail another competitor to point out rules, but may not provide boat handling or tactics suggestions during racing heats, unless that information is available to all.

13.5. In exception to RRS 60.2 and E6.2 Protest for a Rule Broken by a Competitor, the RD cannot call a protest but may act as a neutral observer in disputes between competitors and verify completion of penalty turns. If a protest cannot be settled during sailing, the RD shall, immediately following the heat in question, settle the dispute, including adjusting the scoring as necessary. The RD may seek assistance to review and resolve the dispute.